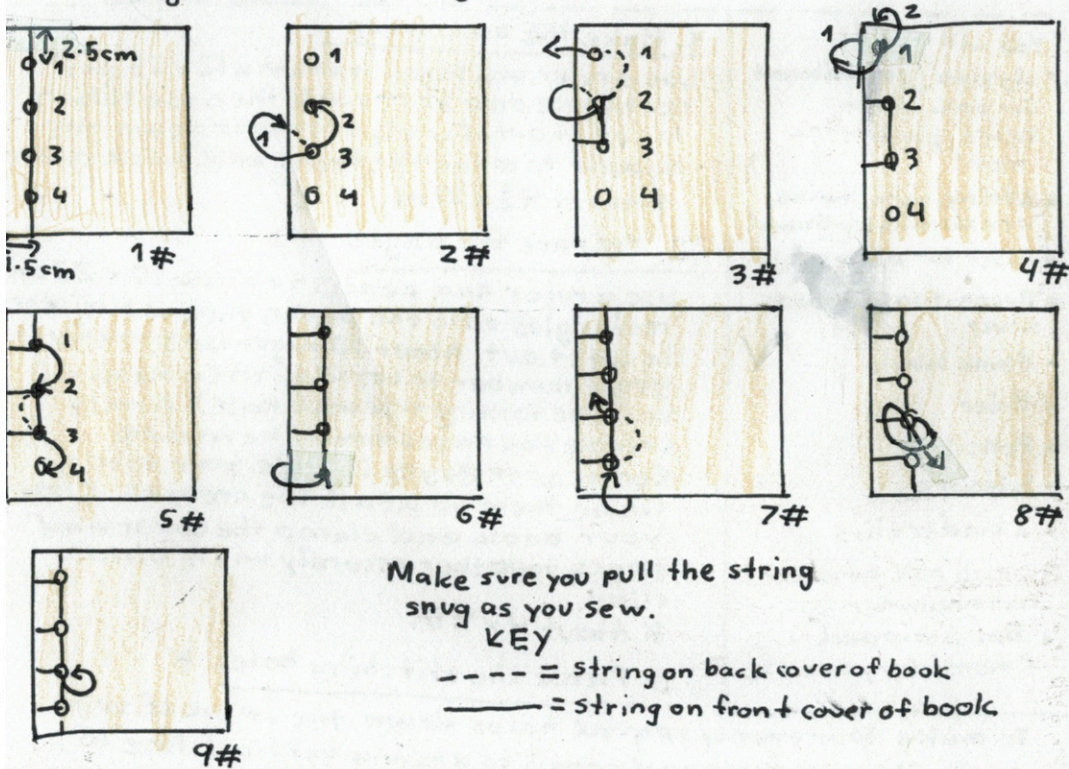


5. Decorate the book

Now embellish the book with decorative paper, stickers, drawings, or anything else you would like to put on it. Add a label, and you're ready to write!

Diagrams for sewing book:



TREE BALL

This game was invented by my 11-year-old brother Noah. It is sort of like rugby, so there may be a few casualties - be careful!

Find a flat area with two trees opposite each other. (about 10 or more meters apart)* Separate into teams of 1 to 3. If you have more than one player on each team, one should be the goalie. One of the players (a goalie if you have one) kicks the ball into the middle of the field to start the game. A team has to hit the opposite team's tree with the ball, and if they succeed their team gets a point. You are allowed to tackle players on the opposite team, but no hitting, biting, kicking ect. The goalie cannot tackle anyone, but ~~he~~ he can be passed to. Play until one team reaches a certain amount of points; 3 for a short game, 7 or 10 for a longer one.

* A meter is about a yard. (3 feet)

GROW

KID'S CHRISTIAN MAGAZINE
 October 2022 Anniversary Edition

MANNER OF THE MONTH:
 Using a Napkin

Gluten-free pumpkin scones

CHARACTER CHALLENGE:
 Memorizing God's Word

SERIAL STORY:
 Charlie Chipmunk on Noah's Ark Chapter 5

Stitch-bound Book



Stitch-bound Book

Ⓢ = should take thr



1. Make the book cover

Use a ruler and pencil to draw a 12 x 25 cm *
rectangle onto the card, then use scissors to cut it out. Firmly crease it down the middle to make the front and back cover

* About 4 1/2 x 10 in

2. Prepare the pages

Use a ruler and pencil to draw 10 x 23 cm * rectangles onto the paper, then use scissors to cut it out. About six to ten pages is a good number to begin with (remember, you'll be folding them in half) firmly crease the pages down the middle. Centre your pages inside your cover, lining them up at all the creases. Close your book and clamp the cover and pages together securely with binder clips.

* About 4 x 9 in

3. Pierce the stitching holes *

To make four evenly spaced holes down the spine of your book, use your ruler and pencil to draw a vertical line 1.5 (1/2 in) to the right of the spine. Then make marks down your vertical line every 2.5 cm (1 in). These marks indicate where the holes will be punched. Use the awl (or hammer and nail) to carefully poke through the cover and pages where you made your marks to create four holes
* See diagram 7 over page

4. Sew the book together

cut a piece of string or thread about 120 cm long (48 in) Thread this through the needle, leaving about 20 cm (8 in) hanging on one side of the needle. Tie a knot on the long side of the string. Pierce the needle through the middle of the spine from the inside and pull the string all the way through. Push the needle through hole 3 from the inside of the cover. Refer to diagrams 2 to 4 to continue sewing.

From KIDS' CRAFTERNOON PAPERRAFT edited by Kathryn Bicketson

You will need:

- Lightweight cardboard for book cover
- (cereal boxes work well)
- String, yarn, twine, or embroidery thread
- Paper for pages
- Decorations for book cover
- Blank labels
- Ruler
- Pencil
- Scissors
- 2 binder clips
- Awl or nail and hammer
- Blunt-tipped embroidery needle

The mission of GROW magazine is to help kids to grow in their faith through the bible and character-building activities while having fun

Can you believe that this is the 25th edition of GROW magazine? I've been making it for 2 years! It began one afternoon in 2020 when God inspired me to make a magazine to hand out at church and youth group. If it had been my own idea, I probably would have lost enthusiasm quickly and never made more than one! But every month God gave me enthusiasm and I enjoyed it. Remember, working for God isn't always hard or boring and it is always rewarding.

To God be the glory!

NEWS FROM THE FARM

Hi everyone! We've been doing lots of fun things this month like playing a game sort of like netball in our church basement, camping out in a forest and having and two bantam pullets that have started laying are now broody and we will probably get lots of chicks this spring. I've started some seedlings indoors for herbal medicine garden. This month I've been learning how to trust God - with my time, with my family, with my health, with my future - remember to be still and know that he is God! He knows and understands how you feel and what's happening to you. When he was on earth, he experienced temptation, grief, tiredness, and unfairness. He is sovereign, loving, and all-powerful. So don't fear - trust him!

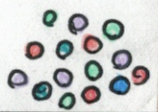


Findout! Read Exodus 14:13-14

To print out more copies of this edition and previous editions, go to:

W.M. Firm Foundation
org.nz/gw-kids-
magazine/

For an email subscription, contact me at:
kiwisophia09@gmail.com

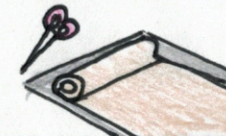

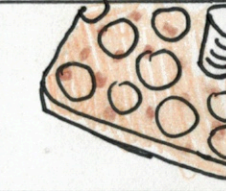
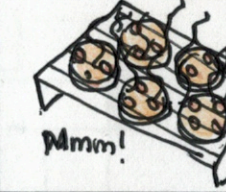




gossiping and being silly in general. Not every jay was like that, though. Some were very kind and generous. We talked on for a long time about our families and the places we knew. It turned out that my grandfather had saved her great-uncle from a hunter's trap. As it grew cooler, a squawking caused both me and the dove, whose name was Christie ~~to~~ to look around. There was a raven, as black as coal and with a mean smile. "Jail bird, Jail bird!" He jeered. "Think you're so brave for gettin' out of your cage!" "Stop that at once, Jasper." ordered Christie. But Jasper merely redoubled his efforts. "Charlotte's gonna die! Charlotte's gonna die! Good riddance, I say. Chipmunks are nothing but trouble." "Stop it, Jasper." repeated the dove firmly. "You leave him alone." "Na, na, na-na, na!" He replied rudely, lunging at her. But Christie was too quick for him. She dodged his beak and flew off down the hallway with him in fierce pursuit. I blinked back tears as I watched them go. "He's right," I thought miserably. "Charlotte is going to die." Christie's presence had been like a ray of light, but now that she had gone, my dark thoughts returned.

But about fifteen minutes later, I was surprised to see the dove return. "Hi again," she said, out of breath but smiling. "I lost Jasper in the corridors. He's one of the fastest flyers out of the birds, but I got away from him. Don't worry, he won't be back, at least today. He always flies around, bullying the other animals. I think the reason he's so mean is because he's scared." "Scared?" I questioned. "Scared of being teased himself, I guess. Did you know he only has five toes?" "What?" I exclaimed. "Yep. One was cut off in a trap. I wish he would realise that most of us don't mind how many toes he has...." she looked off down the corridor. "But how did he know about Charlotte?" I asked. "Everyone knows about it," she replied. "James the Jay heard all about it and then flew through the whole ark yelling the news to everyone." she chuckled. "I'd better go now. It's almost feeding time. Goodbye!" she said. "Goodbye!" I called as she flew away. This time my good spirits lasted and throughout the long days Christie visited me as often as she could. But Charlotte was never far from my mind and I hoped with all my heart that she would get better.

Gluten-free PUMPKIN Scones

- Ingredients:
- 1 flax 'egg' (1tbsp ground flaxseeds mixed with 3tbsp water)
 - 1 cup dates, soaked in boiling water to soften
 - 2tbsp coconut-sugar
 - 1 cup coconut milk or nut milk
 - 1/2 cup mashed, cooked pumpkin
 - zest and juice of 1 orange
 - 2 1/2 cups gluten-free spelt flour or rice flour
 - 5 tsp baking powder
 - pinch of salt

1	Pre heat oven to 200°C Line a baking tray with baking paper Mix the flaxseed + water together to make the flax 'egg'. Let sit for 5-10 mins until it thickens.	
2	In a bowl, mix together the dates (roughly chopped), flax egg, coconut sugar, milk, pumpkin, and zest and juice of an orange. Sift flour, baking powder, and salt into the bowl	
3	Fold the mixture lightly with a spoon until a soft dough is formed. Turn the dough onto a well-floured surface and pat to 1-2cm thick. Cut into rounds about 5cm across with a cutter or glass jar. Continue until all the dough has been cut into rounds.	
4	Place the scones onto the lined baking tray. Bake for 12 minutes, then allow to cool on a wire rack. These are definitely best eaten warm, as they go a bit gummy when cool, but you can store them in the fridge and reheat when needed, or freeze in an airtight container.	
5	Enjoy the scones on their own, with a dollop of coconut yoghurt, or slathered with butter and honey	
TIP	You can get coconut sugar, rice flour, and spelt flour at a health food store. If you can't get them, you could substitute wheat flour and white sugar	
From TWO RAW SISTERS by Margo and Rosa Flanagan		

The Story of Charlie Chipmunk and his Adventures on Noah's Ark

by Sophia Coleman



Chapter 5

That night I lay awake wondering - What if Charlotte died? and died too, there would be no more chipmunks!

It was a long, long time before I went to sleep, and when I awoke the first thing I saw was Edens worried face peering through the wire on the door of my cage. Then I remembered that Charlotte was sick, maybe even dying, and I felt so sad and afraid that I could hardly bear it. I peered across at Charlotte and saw that she was no better. Her eyes were glazed, she was breathing heavily, and she moaned loudly from where she lay in the hay.

"Hello, Charlie," murmured Eden, barely managing a weak smile. "Here's your food." She placed some seeds and nuts in a bowl inside my cage. She came up beside her. "How's she doing, Eden?" He asked concerningly. "I'm afraid she's worsening," she replied. "Maybe we should move her to our cabin where we can keep an eye on her." "Good idea," replied Shen. He gently and carefully picked up Charlotte in a piece of cloth. My heart sank as I watched them slowly make their way down the corridor. I had never felt so alone.

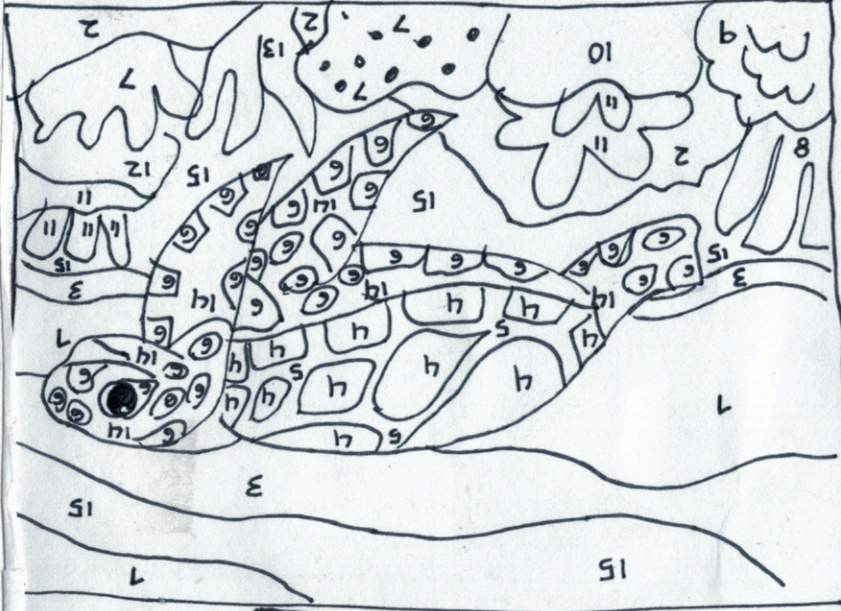
I passed the next few hours sitting in my cage and feeling sad, occasionally nibbling at a nut. Suddenly I heard a whirr of wings. I looked up and there was the dove!

I smile replaced the scowl on my face as I admired her pure white feathers and strong wings. "How's Charlotte?" "Worse," I sighed. "The humans took her to their room to keep an eye on her." "She must be really sick, then," said the dove. "I'm sorry to hear that." "Do you want to talk a bit?" She said. "I'd love to have someone sensible to talk with. Those jays... she shook her head and laughed. "Sounds good," I said, laughing too. The jays were infamous

(Cage is a lot bigger in real life - Chipmunks are bigger too)



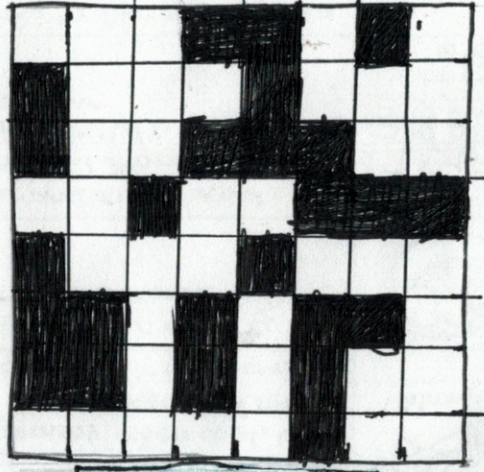
Color-by-Number



- 1 Light blue
- 2 Golden yellow
- 3 Light purple
- 4 Dark orange
- 5 Dark green
- 6 Dark brown
- 7 Red
- 8 Light orange
- 9 Dark purple
- 10 Sea blue
- 11 Green
- 12 Light pink
- 13 Light green
- 14 Light brown
- 15 Sky blue

Color the picture according to the numbers. You don't have to have the exact same colors, just use the closest matches. ☺

Number Cruncher



Fit the numbers into the grid like with a crossword

Z numbers: 3 numbers:

07
18
29
2659
109
682
708
734
849
987

4 numbers: 081

7524
109
682
708
734
849
987

5 numbers: 56734

91720
98
94
85
75
64
57
55
43
29
18

Manners of the Month

USING A NAPKIN

- As soon as you are seated, take the napkin from beside your plate, unfold it, and place it across your lap. Keep it there unless you need to wipe your fingers or mouth.
- Use your napkin to wipe your fingers as needed, particularly if you are eating particularly messy items. Never lick your fingers.
- Use your napkin to cover your mouth if you start coughing or have to sneeze, but don't blow your nose on it.
- Don't wipe your entire face with your napkin; quietly blot your lips. Never wipe your face on your sleeve.
- Leave your napkin folded loosely on your seat if you have to get up from the table for any reason before the meal is over.
- When you are finished eating, fold your napkin loosely and place it beside your plate.

Adapted from 50 Things Every Young Lady Should Know by Kay West, John Bridges, and Bryan Curtis

CHALLENGES

Read

Charles Mulli
by Janet and
Geoff Benge

Write

A short story
based on your
favourite bible
verse (or just
one you like,
if you can't
decide)

Lego

Build a box
to hold your
index cards
with memory
verses (see
activity H)

outdoors

Go stargazing
or
Play Tree
Ball

Other

Have a card
game tournament
or
Make a treasure
hunt

Character Challenge

Memorizing God's Word

Lookup and read each verse, then fill in the blanks. The verses are from the ESV translation.

Deuteronomy 6:6

"And these _____ that I _____ you today shall be upon your _____."

Psalm 19:8

"The _____ of the LORD are right, _____ the _____; the _____ of the LORD is _____, enlightening the _____."

Psalm 119:9-11

"How can a _____ man keep his way _____? By guarding it according to your _____. With my _____ heart I seek you; let me not _____ from your commandments! I have _____ up your _____ in my _____, that I might not _____ against you."

2 Timothy 3:16-17

"All _____ is breathed out by God and _____ for teaching, for _____, for _____, and for training in _____, that the man of _____ may be complete, equipped for every _____ work."

Ephesians 6:17

"And take the _____ of salvation, and the sword of the _____, which is the _____ of God."

• Hebrews 4:12

"For the _____ of God is _____ and active, piercing to the division of _____ and spirit, of joints and _____, and discerning the _____ and intentions of the _____."

Character - Building Activities

Pick a few activities and then do them!
You could do just one or all of them if you want. ☺

A. Memorize at least one Bible verse each week.
B. Ask someone to listen to your memory verses each week.
C. Be accountable to him or her.

C. Hand-copy Scripture passages. Post them in prominent places where you can see and review them frequently. Use decorative writing or pictures to decorate them if you want.
D. Memorize, review, and recite verses while folding laundry, washing dishes, cleaning house ect. See how many you can recite before you finish your job.

E. Help your younger siblings memorize and review verses each day. Test them at the end of the week. Learn the verses along with them. Design a game, competition, or other fun activity to make it fun!
F. Listen to songs by SEEDS FAMILY WORSHIP. They make awesome songs out of Bible verses. Then try making a Scripture song up yourself!
G. Set up a notebook with verses to memorize. Copy each verse, leaving space below to illustrate each passage.

From POLISHED CORNERSTONES by Pam Forster

LESSONS FOR LIFE

H. Write memory verses on index cards and carry them with you to recite while travelling in the car, waiting in line etc.

I. Review your past memory verses each day. Recite at least 5 "old" memory verses after you have worked on your "new" verse. Review different verses each day.

"I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture.... Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified."

-Chuck Swindoll, GROWING STRONG IN THE SEASONS OF LIFE

When I was around six or seven years old, I went to a programme called Awana. We each got a book with stories and memory verses, and every Wednesday night at church we worked on memorizing them. When we thought we had got them down we recited them to a leader, and if we got more than three mistakes, we had to work on them some more. But if we passed, we went on to the next verse. Now, about six years later, I've gotten pretty sloppy at memorizing and practicing verses. Hopefully I'll become more dedicated to reciting Bible verses after making this magazine!

Knowing lots of Bible verses can be a lifeline in hard times, especially if you don't have access to a Bible. When many countries were under Communist control and Christians persecuted by them, reciting Bible verses they had learned before their imprisonment gave jailed Christians without Bibles hope, joy, and comfort.

I hope by now that you have realized the value and importance of memorizing God's word. So get started and memorize!