

GROW

KIDS CHRISTIAN MAGAZINE

February Edition

HOW TO DO
A HEAR
JOURNAL

MAKE A
PIPE
CLEANER
PAL



MAKE FT.
ROADS
FOR LEGO
VEHICLES
Vehicles

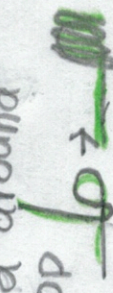



SELF DISCIPLINE
ACTIVITIES

CHARACTER
CHALLENGE:
Self-Disciplines

CONTENTS

- Make a pipe cleaner pal _____ 2
- Make roads for Lego vehicles _____ 3
- Character challenge _____ 4-5
- Self-discipline activities _____ 5-6
- How to do a HEAR Journal _____ 6
- Activities _____ 7

HOW TO MAKE A PIPE CLEANER PAL

1. Make a loop in the middle of a pipe cleaner. Wrap one end around the loop 
2. Coil another pipe cleaner around a thick marker and slide off. 
3. Slide it onto the other end of the head you made in step 1. 
4. Cut another pipe cleaner in half and shape it into a pair of legs. Slip them between the coils, and twist to secure. Curl the tail 
5. Cut out felt eyes and glue on. Cut a skinny pipe cleaner for the tongue. Slide it onto the face and curl the end. Draw pupils on eyes with a Sharpie.



Coloring



What order did the kids finish in the bike race? Use the clues to find out.

- Allie came two places before Hunter
- Henry came second
- Jenny ped bike came fourth
- Calvin did not come first

Sudoku

5. Find ways to help others while getting exercise. (e.g. gardening, taking a disabled person for a walk in their wheelchair)
6. Work to get rid of any annoying habits you have. (e.g. picking your nose, pushing in line.)

HOW TO DO A HEAR JOURNAL

All you need is a notebook, bible, and pencil or pen. First, read a chapter in the bible and choose a verse the speaks to you. Write

- H** - Write the verse and reference.
- E** - Explain it in biblical context if you read.
- A** - Apply it to believers in general.
- R** - Respond by writing how you obediently and personally will apply it. Have to highlight if you would like to write the whole lesson on HEAR Journals, just ask me!

HOW TO MAKE ROADS FOR LEGO VEHICLES AND CARS

1. Draw a 10x10 in square on a cardboard box.
2. Cut it out.
3. Draw part of a road on it.
4. Go over the lines you just drew with a Sharpie.
5. Make more and assemble them into a road network!
6. Drive your cars on it!

Tips:

- For a lake, cover a square with green paper, cut a lake shape out of blue paper, and glue it on.
- Build lego road signs, poke holes in the side of the road, and stick them in!

You can use tape to keep the roads together

CHARACTER CHALLENGE

Self-Discipline will enable us to better manage others after we have learned to manage ourselves. It means to deny ourselves pleasures to do things we don't feel like doing.

Look up Proverbs 14:9

"Whoever is slow to _____ has great _____, but he who has a hasty temper exalts _____."

Look up 1 Corinthians 6:12

"_____ things are lawful for me, but not all things are _____." "All things are lawful for me, but I will not be dominated by _____."

Look up 1 Corinthians 9:27

"But I discipline my _____ and keep it under _____."

Look up Titus 2:12

"Training us to _____ ungodliness and worldly passions, and to live self-controlled, upright, and _____ lives in the present age."

SELF-DISCIPLINE ACTIVITIES

1. Practice sitting still for at least 15 mins a day. You can listen to an audiobook, but you cannot do any thing that requires action on your part.
2. Incorporate a new habit (e.g. reading your bible every morning, getting up at a certain time)
3. Make a commitment to clean up one project before starting another.
4. Keep track of the time you get up and go to bed each day. Are you exercising self-discipline this area? What can you do to improve?
5. Find ways to get excited ^{at} ~~excite~~ ^{to} ~~excite~~ ^{while} ~~helping~~ ^{helping} others.